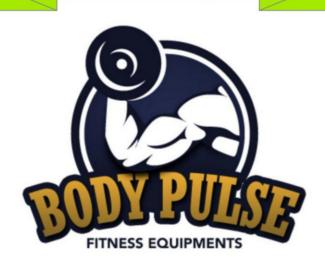


INTRODUCE BY















900 LINE



Muscles:

- -Pestoralis major
- -triceps
- -deltoids(anterior)





CHEST PRESS

DHZ-905

Independent movement arms provide more balanced strength improvement and offer the choice of training one arm at a time or simultaneous concentric and eccentric movement on opposing arms.

The trajectoroy of the handles converge during movement providing a natural arc of motion and increased range.

The warm up and stretch cord is integrated into the frame for a convenient stretch point for the muscles trained on the machine.

Main related activities rugby, shot put, football, canoeng, boxing, basketball, volleyball, weightlifting, wrestling, judo gymnastics, bobsleigh

Length: mm 1500 in 59 Machine weight: kg 165 lbs 361 Width: mm 1200 in 47 Max Load: ka 200 lbs 441

Height: mm 1715 in 67

WIDE CHEST PRESS **DHZ-910**

Decline movement pattern.

Independent movement arms provide more balanced strength improvement and offer the choice of training one arm at a time or simultaneous concentric and eccentric movement on opposing arms.

The trajectoroy of the handles converge during movement providing a natural arc of motion and increased range.

The warm up and stretch cord is integrated into the frame for a convenient stretch point for the muscles trained on the machine.

Main related activities rugby, shot put, martial art, wrestling, golf, football, kayaking, swimmig, judo gymnastics, bobsleigh.

Length: mm 1450 in 57 Machine weight: kg 165 lbs 374 Width: mm 1182 in 46 Max Load: kg 200 lbs 441

Height: mm 1730 in 68

Muscles:

- -Pestoralis major
- -triceps
- -deltoids(anterior)







900 LINE



Muscles:

- -Pestoralis major
- -triceps
- -deltoids(anterior)





INCLINE CHEST PRESS DHZ-915

Independent movement arms provide more balanced strength improvement and offer the choice of training one arm at a time or simultaneous concentric and eccentric movement on opposing arms.

The trajectoroy of the handles converge during movement providing a natural arc of motion and increased range.

The warm up and stretch cord is integrated into the frame for a convenient stretch point for the muscles trained on the machine.

The counter balance on each arm reduces starting resistance to 500gr.

Main related activities rugby, shot put, football, canoeng, boxing, basketball, volleyball, weightlifting, wrestling, judo gymnastics, javelin bobsleigh

Length: mm 1500 in 59 Machine weight: kg 165 lbs 361 Width: mm 1200 in 47 Max Load: ka 200 lbs 441

Height: mm 1715 in 67

PULL DOWN DHZ-920

The plane of movement is slightly forward of the shoulders to provide a comfortable path of motion for the user.

Independent movement arms provide more balanced strength improvement and offer the choice of training one arm at a time or simultaneous concentric and eccentric movement on opposing arms.

Thigh rollers lick user into possition under high loads and yet provide for easy entry and exit to the machine

Main realted activities swimming, free climbing, rugby, wrestling, judo.

Length: mm 1110 in 44 Machine weight: kg 152 lbs 330 kg 200 lbs 441 Width: mm 1740 in 68 Max Load:

Height: mm 1990 in 78

Muscles:

- -latisimus dorsi
- -biceps
- -rhomboids
- -trapezius (lower)











LOW ROW

DHZ-925

Upward movement pattern.

Dual handgrip positions provide exercise variation and different muscle involvement.

Independent movement arms result in more balance strength improvement and offer variety of training one arm at a time or simultaneous concentric and eccentric on opposing arms.

Central fixed handle is provided to improve stability when performing unilateral exercises.

Main realted activities judo, wrestlin, rugby, rowing, canoeing, field archery, kavaking, weight lifting, sumo.

Length: mm 1570 in 52 Machine weight: kg 163 lbs 275 Width: mm 1290 in 49 Max Load: kg 200 lbs 441

Height: mm 1630 in 64

Muscles:

- -latisimus dorsi
- -biceps
- -rhomboids
- -trapezius (lower)





ROW

DHZ-930

Dual handgrip positions provide exercise variationand different muscle involvement.

Independent movement arms provide more balance strength improvement and offer the choice of training one arm at a time or simultaneous concentric and eccentric movement on opposing arms.

Central fixed handle is provided to improve stability when performing unilateral exercises, large footplates offer maximum support and comfort for the user.

Main related activities: rowing, canoeing, weight lifting, wrestling, judo, rugby, field archery, kayaking, volleyball.

Length: mm 1190 in 47 Machine weight: kg 167 lbs 297 Width: mm 1380 in 54 Max Load: kg 200 lbs 441

Height: mm 1300 in 51

Muscles:

- -latisimus dorsi
- -biceps
- -rhomboids
- -trapezius (lower)









Muscles:

- -deltoids
- -triceps
- -trapezius (upper)





SHOULDER PRESS

DHZ-935

Movement replicates the overhead press in the frontal plane.

The counter balance on each arm reduces starting resistance to 500 gr.

Independent movement arms provide more balanced strength improvement and offer the choice of training on arm at a time or simultaneous concentric and eccentric movement on opposing arms.

Main related activities, gymnastics, judo, shotput, weight lifting, wrestling, judo, rugby, field archery, kayaking, volleyball.

Length: mm 1290 in 51 Machine weight: kg 148 lbs 308 Width: mm 1260 in 50 Max Load: ka 200 lbs 441

Height: mm 1485 in 58

REAR KICK

DHZ-940

Closed kinetic chain movement focussed on gluteal muscles.

Large foot support increases exercise variety possible.

The pelvic pad allows users to relax the back while the ground leg pad reduces the weight of the body on the supporting limbs.

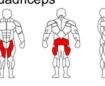
Main related activities: football, skating, soccer, handball, basketball, , wrestling, judo, rugby, sumo, field archery, kayaking, volleyball, cross country, sky climb, swimmig, race walking.

Length: mm 1115 in 44 Machine weight: kg 135 lbs 308 Width: mm 1330 in 52 Max Load:

Height: mm 1650 in 65

kg 120 lbs 265

Muscles: -gluteus hamstrings -quadriceps







Muscles: -gastrocnemius -soleus





CALF **DHZ-945**

Mahine design allows activation of gastrocnemius and soleus calf muscles without stress in the spine.

The elliptical shape of the platform ensures maximum articular excursion and muscular involvement even at the end of ankle range of motion.

Secondary pre start footplate enables taller users to avoid excessive knee flexion getting into exercise position.

Main related activities: basketball, sprint, rugby, wrestling, volleyball, ski jumping, high jump, weight lifting, cross country, skining, skating, judo, handball, dancing.

Length: mm 1670 in 44 Machine weight: kg 198 lbs 330 Width: mm 1220 in 67 Max Load: kg 280 lbs 617

Height: mm 1210 in 46

LEG PRESS

DHZ-950

The Large foot plate increases the vareity of exercise possible.

Linkage system optimises angle of footplate puts the uninvolved leg in a comfortable ankle angel thourgh motion.

The movement arms configuration and centre footplate puts the uninvolved leg in a comfortable positing to facilities unilateral traning.

The rotary path of the weight plates provides an optimal resistance profile, increasing as legs move to full extension.

Main related activities: rowing, canoeing, weight lifting, wrestling, judo, rugby, field archery, kayaking, volleyball.

Length: mm 1115 in 44 Machine weight: kg 135 lbs 308 Width: mm 1330 in 52 Max Load: kg 120 lbs 265

Height: mm 1650 in 65

Web: www.bodypulsefitnessequipments.com

Muscles:

- -aluteus
- -quadriceps
- -hamstrings











SPIN BIKE

DHZ-X959

Color: Green&Black

Main Wheel: 23kg

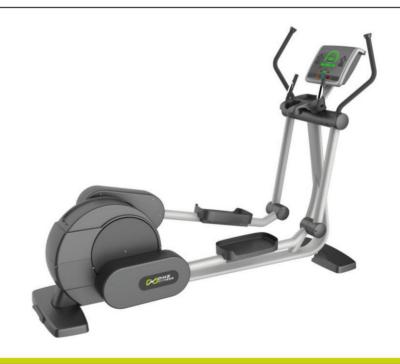
Tube: 30*30*60 Stainless

Vertical Adjustment of Handlebar: 38CM
Horizontal Adjustment of Handlebar: 8.5CM
Vertical Adjustment of Seat: 50CM
Horizontal Adjustment of Seat: 6.5CM
Central Shaft Dia.: 40mm
Pedal Shaft Dia.: 20mm
N.W.: 68KG
Max User Weight: 150kg

Product size: 106*58*114CM

ELLIPTICAL CROSS TRAINER DHZ-X9108

Console input voltage-12v console input current-200mA foot pedal - foot slip anti-slip external power-n.a Resistence system-self generate motor program-preset&custom programming length 2166mm width 730mm height 1604mm N.W 131kg G.W 142KG Max weight of user 150kg/330lbs





UP-RIGHT BIKE

DHZ-X9107

Crank: carbon steel

Adjustable seat: stainless steel stand. Resistance Control: electromagnetic

Power:

no need of external power.

Maximum resistence: 20

Heart monitor: hand held

Data: time,speed,distance,calorie

Product weight: 85kg Maximum load: 150kg

Exercise program: default program

optional language: English

Product size: 1190*600*1370mm

RECUMBENT BIKE DHZ-X9109

Color: Green&Black

Main Wheel: 23kg

Tube: 30*30*60 Stainless

Vertical Adjustment of Handlebar: 38CM
Horizontal Adjustment of Handlebar: 8.5CM
Vertical Adjustment of Seat: 50CM
Horizontal Adjustment of Seat: 6.5CM
Central Shaft Dia.: 40mm
Pedal Shaft Dia.: 20mm
N.W.: 68KG
Max User Weight: 150kg



Treadmill



TREADMILL

DHZ X-7000

Motor Type: Ac Variable Frequency Motor

Motor Power: 3.0HP / 7.0 HP (PEAK) Inverter / Drive Type: G-Way - 2.2 KW

Speed: 1.0 - 20kmph

Incline Systems: 0 To 20 % Running surface: 1525*530mm

Running Deck: 25mm and Reversible

Running Belt thickness: 2.4mm

Cushion system: Multiplex-cushioning System

Display: LED

Max user weight: 150kg

Net Weight of Machine: 204kg

Product Dimensions: 2155*935*1411mm

Treadmill

TREADMILL

DHZ X-8200A

Motor: 3.0HP/Continues

Peak: 6.0HP

Speed Range: 0.8-20Kmph

Incline Range: 0-15% Automatic

Speed Controller: Rhymebus Inverter

Display: LED Display

Belt Size: 545*3760*T 2.2mm

Max User Weight: 190Kgs

Treadmill Size: 1450*520mm

Treadmill

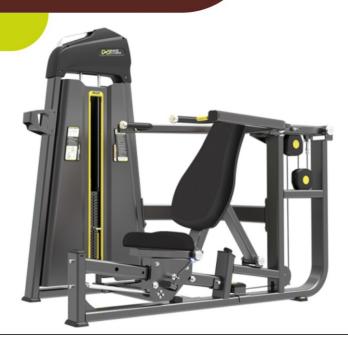


TREADMILL

DHZ X-8600

- Dimension: 86"(L) X 36"(W) X 60"(H).
- Motor: AC Motor, 3.0 HP Continuous Duty,
 6.0 HP Peak Duty.
- Speed: 1 To 20 Kmph.
- Elevation: 0% To 15% Incline.
- Running Surface: 62" (L) X 22" (W).
- Max User Weight: 150 Kgs.

E3000



CHEST & SHOULDER PRESS DHZ-E3084

Pulley is located so that the movement may be performed in front of or behind the head comfortable. Thigh pad adjustment will accommodate a wide variety of users. Handles can be interchanged.

DIMENSIONS 1600 cm x 1300 cm x 1600 cm













CABLE CROSS OVER DHZ-E3016

PRODUCT DIMENSION 4500*1090*4301MM MACHINE WEIGHT 440KG WEIGHT STACK 190KG



E3000



LAT PULL DOWN & LOW ROW DHZ-3085

Pulley is located so that the movement may be performed in front of or behind the head comfortable. Thigh pad adjustment will accommodate a wide variety of users. Handles can be interchanged.

Length mm 1850 Width mm 1090 Height mm 2340 Machine weight kg 248 Max load kg 109







LEG EXTENSION & LEG CURL DHZ-3086

The S-line Leg Extension features multiple, adjustable start positions for workout flexibility, and a self aligning ankle pad for comfort and convenience.

Ratcheting adjustable back pad allows easy alignment of knee to pivot.

Length mm 1300
Width mm 990
Height mm 1620
Machine weight kg 223
Max load kg 109









E3000



PRONE LEG CURL

DHZ-3001

Easy entry allows user to align knee with pivot for proper exercise mechanics.

Ankle roller pad adjusts for varying leg length.

Length mm 1520 Width mm 990 Height mm 1620 Machine weight kg 216 Max load kg 94







LEG EXTENSION

DHZ-3002

The S-line Leg Extension features multiple, adjustable start positions for workout flexibility, and a self aligning ankle pad for comfort and convenience.

Ratcheting adjustable back pad allows easy alignment of knee to pivot.

Length mm 1300 Width mm 990 Height mm 1620 Machine weight kg 223 Max load kg 109









E3000



LATERAL RAISE

DHZ-3005

Gas-assisted seat and inward facing orientation helps user easily align shoulder joint to pivot.

padded arm pads and fixed handles allow for easy user position.

Length mm 1300
Width mm 860
Height mm 1620
Machine weight kg 173
Max load kg 56







SHOULDER PRESS

DHZ-3006

The S-Link Shoulder Press features comfortable, oversized grips with multiple posirions and an adjustable seat pad for desired start position and proper form.

Length mm 1850 Width mm 1220 Height mm 1620 Machine weight kg 239 Max load kg 109









E3000



REAR DELT/PEC FLY DHZ-3007

The S-Link Rear Delt/Pec Fly features pivoting movement. arms that automatically adjust for users arm length.

The easy-adjust start positions and dualhand positrions offer exercise variety. ratcheting seat adjustment .allows for proper height position . longnarrow back pad provides backsupport for pec fly exercise and chest support for Rear delt movement.

Length mm 1240
Width mm 940
Height mm 2110
Machine weight kg 227
Max load kg 109







VERTICAL PRESS

DHZ-3008

The S-Link Shoulder Press features comfortable, oversized grips with multiple positions and an adjustable back pad for desired pre-stretch start position, and an adjustable seat for proper exercise height and form.

Length mm 1320 Width mm 1300 Height mm 1620 Machine weight kg 214 Max load kg 109









E3000



DIP/CHIN ASSIST

DHZ-3009

Oversized step, comfortable knee pad, rotating dip handles, and multiple-position pull-up handles are part of this highly vers atile unit. The knee pad flips up out of the way for unassisted exercises. A linear bearing mechanism assures durability.

Length mm 1550
Width mm 1370
Height mm 2360
Machine weight kg 289
Max load kg 84







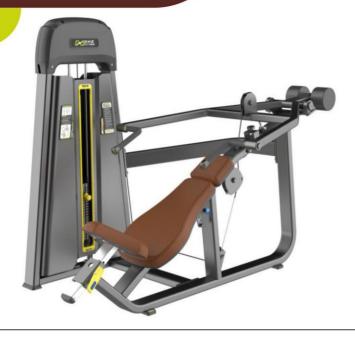
TOTAL HIP

DHZ-3011

Length mm 1310
Width mm 1150
Height mm 1650
Weight stack kg 94
Total weight kg 170



E3000



INCLINE PRESS

DHZ-3013

The S-Line incline press features comfortable, oversized grips with multiple position, and an adjustable seat pad for desired start position and proper form.

Length mm 2060
Width mm 1350
Height mm 1620
Machine weight kg 215
Max load kg 109







ROTARY TORSO

DHZ-3018

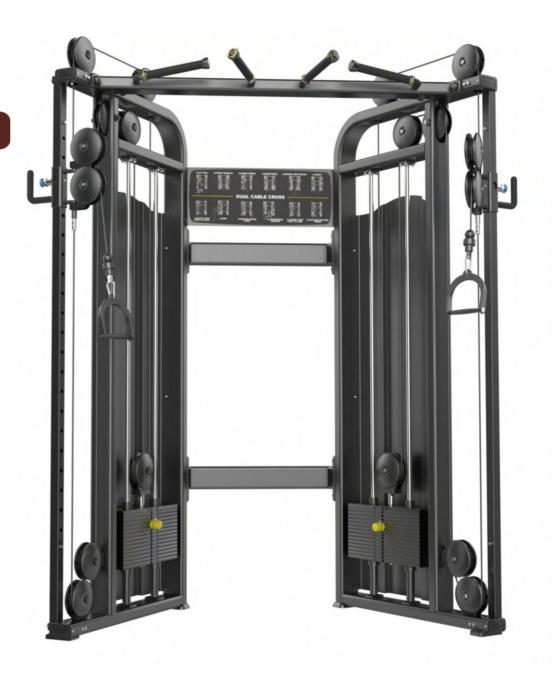
Length mm 1200
Width mm 790
Height mm 1650
Weight stack
Total weight kg 198



E3000

MUITI FUNCTIONAL TRAINER E1017C

Length mm 1950
Width mm 1040
Height mm 2350
Weight stack
Total weight kg 345





ABDUCTOR

DHZ-3021

The S-Line Abductor features an easy-adjust start position for both inner and outer thigh exercises. The pivoting thigh pads are angled for improved function and comfort during workouts. Dual foot pegs accommodates users of all sizes.

Length mm 1550
Width mm 860
Height mm 1620
Machine weight kg 214
Max load kg 64







ADDUCTOR

DHZ-3022

The S-Line Adductor features an easy-adjust start position for both inner and outer thigh exercise. The pivoting thigh pads are angled for improved function and comfort during workouts. Dual foot pages accommodates user of all sizes.

Length mm 1550 Width mm 860 Height mm 1620 Machine weight kg 214 Max load kg 64









E3000



SEATED LEG CURL

DHZ-3023

Easy entry allows user to align knee joint with pivot for proper exercise mechanics

Ratcheting adjustable back pad allow easy alignment of knee to pivot.

Length mm 1510
Width mm 1060
Height mm 1620
Machine weight kg 220
Max load kg 109







DHZ-3024

Curvilinear motion path does not require hip alignment and long movement arm encourages knee extension for full gluteal involvement

Elbow pad handles and large base platform stabilize the user during exercise.

Length mm 1120 Width mm 860 Height mm 1620 Machine weight kg 114 Max load kg 49









E3000



SEATED DIP

DHZ-3026

Unique linear motion path for correct exercise movement with narrow and wide handles positions.

Forward angled seat back keeps you secure in the machine.

Length mm 1400
Width mm 1070
Height mm 1620
Machine weight kg 230
Max load kg 109







SEATED TRICEP

DHZ-3027

The S-Line Triceps Extension feature a preacher curl positing with comfortable, auto-adjusting hand grips with ergonomic press pad.

The single seat adjustment is ratcheting for proper exercise positioning.

Length mm 1140
Width mm 940
Height mm 1620
Machine weight kg 191
Max load kg 64









E3000



SEATED TRICEP

DHZ-3028

The S-Line Triceps Extension features a preacher curl position with comfortable, auto-adjusting hand grip with ergonomic press pad. The single seat adjustment is ratcheting for proper exercise position.

Length mm 1400
Width mm 940
Height mm 1620
Machine weight kg 191
Max load kg 64







CAMBER CURL

DHZ-3030

The S-Line Biceps curl feature a preacher curl position with comfortable auto-adjust hand grips to fit all users. The single seat adjustment is ratcheting for proper exercise positioning.

Length mm 1190
Width mm 890
Height mm 1620
Machine weight kg 168
Max load kg 64









E3000



BACK EXTENSION

DHZ-3031

The S-Line Back Extension features a walk in and use design with no adjustments necessary.

The lumbar roller pad and pivoting back pad provide a superior, comfortable movement during the full range of motion.

Length mm 1300 Width mm 890 Height mm 1620 Machine weight kg 225 Max load kg 109







LONGPULL

DHZ-3033

Off-the-floor design for convenient entry/exit. Extra large footplate commodates user of all sizes. Handles are easily interchangeable.

Length mm 2820 Width mm 1090 Height mm 2360 Machine weight kg 268 Max load kg 109











VERTICAL ROW

DHZ-3034

The S-Line Seated Row features adjustable chest pad and seat height for desired start exercise position. Extra long seat allow taller user to get a full range of motion. Comfortable grip with multiple hand positions fit user of all size.

Length mm 1550
Width mm 1320
Height mm 1620
Machine weight kg 194
Max load kg 94







PULLDOWN

DHZ-3035

Pulley is located so that the movement may be performed in front of or behind the head comfortable. Thigh pad adjustment will accommodate a wide variety of users. Handles can be interchanged.

Length mm 1850 Width mm 1090 Height mm 2340 Machine weight kg 248 Max load kg 109









E3000

FLAT BENCH

DHZ-3036



Length mm 1410 Width mm 680 Height mm 420 Total weight kg 30

ADJ. DECLINE BENCH

DHZ-3037



Length mm 1640 Width mm 680 Height mm 990 Total weight kg 59

MULTI-PURPOSE BENCH DHZ-3038



Length mm 1060 Width mm 680 Height mm 900 Total weight kg 30

SUPER BENCH

DHZ-3039



Length mm 1380 Width mm 680 Height mm 690 Total weight kg 43

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E3000

OLYMPIC DECLINE

DHZ-3041



Length mm 2090 Width mm 1700 Height mm 1220 Total weight kg 120

OLYMPIC BENCH INCLINE DHZ-3042

Length mm 1960 Width mm 1700 Height mm 1400 Total weight kg 125



OLYMPIC BENCH

DHZ-3043



Length mm 1740
Width mm 1700
Height mm 1220
Total weight kg 94

SEATED PREACHER CURL DHZ-3044

Length mm 1130
Width mm 840
Height mm 880
Total weight kg 54



E3000

BACK EXTENSION DHZ-3045

Length mm 1210 Width mm 890 Height mm 670 Total weight kg 55



VERTICAL KNEES UP/DIP DHZ-3047

Length mm 1270 Width mm 710 Height mm 960 Total weight kg 96



POWER CAGE

DHZ-3048

Length mm 1570 Width mm 1240 Height mm 2340 Machine weight kg 164



E3000

OLYMPIC SEATED BENCH DHZ-3051



Length mm 1540 Width mm 1800 Height mm 1770 Total weight kg 134

HANDLE RACK

DHZ-3053

Length mm 940
Width mm 780
Height mm 1060
Total weight kg 68



VERTICAL PLATE DHZ-3054



Length mm 600
Width mm 610
Height mm 1260
Total weight kg 40

BARBELL RACK

Length mm 920
Width mm 780
Height mm 1520
Total weight kg 101

DHZ-3055



E3000



ANGLED LEG PRESS DHZ-3056

The durable linear-bearing mechanism creates smooth travel for the footplate sled. The adjustable seat back lets user set their most comfortable body position. very easy. An optional add-on weight holder is available (not shown) for additional load capacity. Available with angled(610) and flat(601B) foot plate. Plate storage is standard.

Length mm 2170 Width mm 1610 Height mm 1260 Machine weight kg 172







HACK SLIDE

DHZ-3057

Plate load hom angled for easier loading/unloading of weight.

Length mm 2230 Width mm 1630 Height mm 1270 Machine weight kg 172



E3000

INCLINE LEVER ROW DHZ-3061

Chest pad and non-skid foot plates stabilized and support the user during exercise. Dual position handles allow user to fine-tune their exercise position. Durable pillow block bearings provide smooth, low-maintenance performances











SEATED CALF

DHZ-3062

Durable release arm and convenient handle. Plate load horn angled for easier loading/unloading of weight. Thigh pad adjustment telescopes to accommodate almost any user.

Length mm 1500
Width mm 710
Height mm 990
Total weight kg 49









SUPER SQUAT

DHZ-3065

Simulates a veriety of lower body squatting exercise without the use of a free-weight bar. Can be both face-in and face-out. Feature an oversized footplate, comfortable padded shoulder pads,and plate strong pin.



Length mm 2010 Width mm 1630 Height mm 1470 Total weight kg 196

CLASSIC AB BENCH

DHZ-3070

Length mm 1570
Width mm 930
Height mm 1020
Total weight kg 68

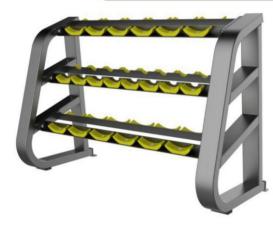


Web: www.bodypulsefitnessequipments.com

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E3000

BEAUTY DUMBELL RACK DHZ-3067



Length mm 680
Width mm 1390
Height mm 101
Total weight kg 112

STRETCH TRAINER DI

DHZ-3071

Length mm 1280 Width mm 520 Height mm 1060 Total weight kg 35



SMITH MACHINE

DHZ-3063

The bar is counter-balanced for a starting weight under 15 pounds. This is an ideal way for user of all strength level to perform a wide range of upper and lower body exercise. There are no crossbar supports members at floor level permitting benches to be conveniently rolled into the unit from either direction. feature spring loaded adjustable bar catches and plate storage pins.

Length mm 1420 Width mm 2210 Height mm 2360 Machine weight kg 289

DUMBBELL RACK

DHZ-3077

Lengthmm 720Widthmm 2480Heightmm 810Total weightkg 111



E3000

CROSS FIT

DHZ-E360

Main spare part: High strength, square steel tube, 50*100mm, thickness 3mm;

American flexible steel rope, diameter 5.8mm. High tensile strength, hard to be broken

First-class pulley. Diameter is 108mm. It is solid durable and Turn smoothly round;

Excellent foam seat cushion;

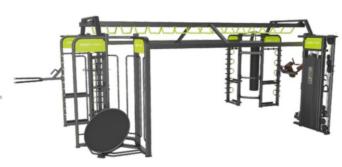
Safety device for weight stack. It is more safe to operate it;

Surface finish: electrostatic spray;



Length(mm)8700 Width(mm)5000 Height(mm)2560 Area(mm)11000*8000











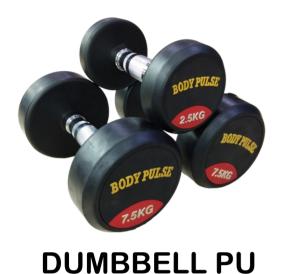




ACCESSORIES

DUMBBELLS (RUBBER COATED)

PLATES (RUBBER COATED)







2.5KG 2.5KG

ROUND DUMBBELL



ACCESSORIES



Web: www.bodypulsefitnessequipments.com

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INTRODUCTION

DHZ fitness, an ISO 9001: 2008 company with clients in Middle East, Europe, and South Africa & South America is all set to enter the Indian Market. The company holds selection excellence, meticulous operation and quality assurance in high regard all for your sake. This is not only to meet peoples healthy requirements, but to also allow people to get the maximum convenience.

To grow our market presence, we have tied up with Body pulse Fitness Equipments India. We have PAN India dealership in all the major cities of India, Body pulse Fitness Equipments aims to provide the latest Gym equipments in India, with the latest technology and human bio-machnism, which will be almost maintenance free. There is also a network of professionals all over India, to assist you anywhere and at any given time.

Body pulse Fitness Equipments will look after the entire marketing sales service & maintenance of DHZ fitness equipments in India.

We wish people to get maximum convenience to relax their mind and stretch their muscles and enjoy the fitness fun at a reasonable cost.

Our forte is quality, commitment, service and customer satisfaction. Either now or in the future, our commitment will not change.

The product are available for commercial Health clubs, corporate, Hotels, Universities & Home Gyms.

For further details please feel free to all or email us at

Email:

Phone:

Website: http://www.bodypulsefitnessequipments.com/